

Erin's go-to bread!

Easy Sandwich Bread

Toast it for best taste!

Great for grilled cheese, egg salad and chicken salad sandwiches.



My husband created this yummy recipe for fluffy, easy sandwich bread. I tried it and immediately wanted to make a peanut butter and jelly sandwich using Laura Scudder's peanut butter and homemade jam! Next I had PB & honey... just like the good ol' days!

1/2 cup SCD yogurt
4 eggs
2 cups almond flour
1/2 tsp. salt
1/2 tsp. baking soda
1/4 cup cheddar cheese, diced



Mix all ingredients in a blender until smooth. Pour in round circles on an electric griddle (preferably), heated to 250 degrees. You can also use a pan. Cook until golden brown on both sides. Place on a cookie sheet to cool, and store in gallon-sized Ziplock bags.

For extended storage, put in freezer and defrost one at a time in the microwave. Toast.

These are very light and fluffy and taste best toasted. Great with peanut butter and honey, tuna mixture (tuna with water and salt only), egg salad or as a grilled cheese sandwich.

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