



# Coconut Vanilla Ice Cream

*One of Erin's new favorites, she makes this ice cream often!*

## **Coconut Vanilla Ice Cream**

- 2 cans legal full fat coconut milk (containing coconut milk, water and a preservative should be okay)
- 10 Medjool dates, seeded and cut into a few pieces
- 1/3 c. honey
- 2 Tbs. legal vanilla extract (vanilla and alcohol only)



Blend all ingredients in a blender or food processor until well blended. Transfer to a countertop ice cream maker and churn until thick. Spoon into a container and freeze until firm.