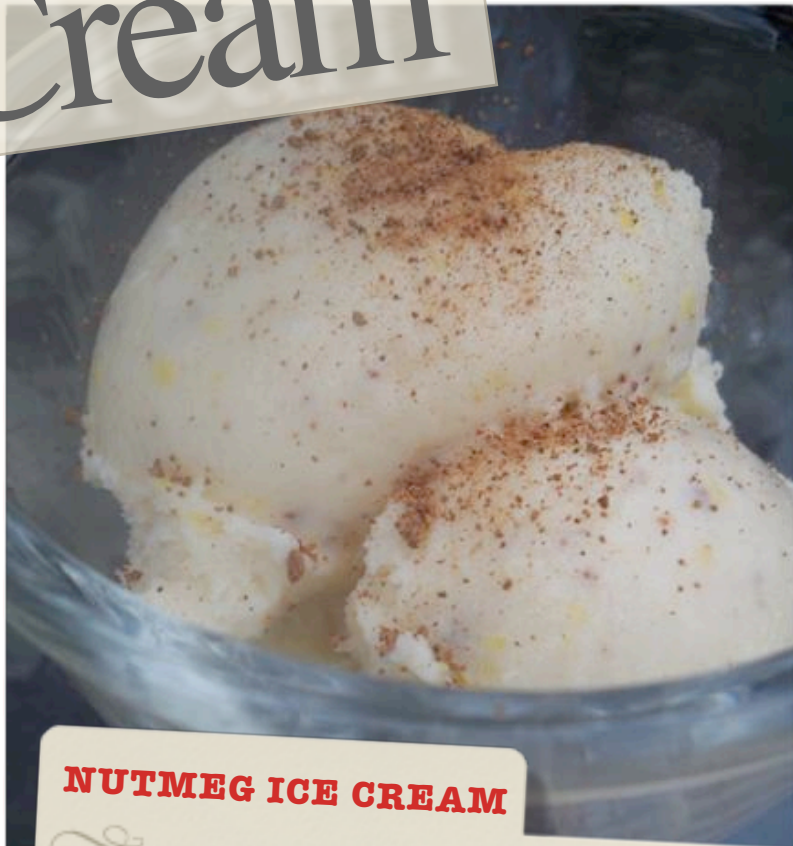


Nutmeg Ice Cream



NUTMEG ICE CREAM

INGREDIENTS: 3/4 c. honey, 3 eggs, 2-1/2 c. SCD yogurt, 2 tsp. nutmeg

DIRECTIONS: In a saucepan over medium heat, whisk together honey and eggs until thick and starting to boil. Allow to cool completely. When mixture is cool, stir in the yogurt and nutmeg. Pour into an ice cream maker and process according to manufacturers instructions. Gently spoon into a large container and freeze.

This ice cream would be delicious on top of our Apple Pie Treat, found on the Snacks page, NoMoreCrohns.com